

Nanotechnology In Orthodontics – A Short Review

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Abstract:

Nanotechnology deals with the physical, chemical, and biological properties of structures and their components at nanoscale dimensions. It is based on the concept of creating functional structures by controlling atoms and molecules on a one-by-one basis. The use of this technology will allow many developments in the health sciences as well as in materials science, bio-technology, electronic and computer technology, aviation, and space exploration. With developments in materials science and biotechnology, nanotechnology is especially anticipated to provide advances in dentistry and innovations in oral health-related diagnostic and therapeutic methods.

INTRODUCTION:

Nanotechnology is about manipulating matter, atom by atom. The word nano is a Greek word, meaning dwarf. It is used as a prefix in the metric system and denotes a factor of 10^{-9} or 0.000000001. Research is undergoing for the provision of better tools for diagnosis and management of medical conditions with the aid of nanotechnology. It is defined as the multidisciplinary science of the creation of materials, devices, and systems at the nanoscale level. The concept of nanotechnology is unique and exciting as their size is smaller than the critical lengths defining many physical events.

According to the definition of the National Nanotechnology Initiative, "Nanotechnology is the direct manipulation of materials at the nanoscale". This term defines a technology that enables almost complete control of the structure of matter at nanoscale dimensions. In general, nanotechnology is translated as "the science of the small".

Nanodentistry is an emerging field with a new generation of technologically advanced clinical tools and devices for oral health care. There is a hope that nanotechnology will likewise bring tangible benefits to dentistry, from the bench to the clinical level. Nanotechnology has been applied in dentistry since 1970s with the beginning of the era of microfills. Nanobionmaterials has been employed in dentistry which helps in maintenance of comprehensive oral health care.

HISTORY

The term nanotechnology was coined by **Prof. Kerie E. Drexler**, a researcher and writer of nanotechnology. Richard Zsigmondy studied nanomaterials in the early 20th century, and later discoveries culminated in ideas presented by Nobel Prize winning physicist Richard Feynman in a lecture called "Plenty of Room at the Bottom" in 1959, in which he explored the implications of matter manipulation. The word "nanotechnology" was introduced for the first time into a scientific world by **N. Taniguchi** at the International conference on industrial production in Tokyo in 1974 in order to describe the superthin processing of materials with nanometer accuracy and the creation of nano-sized mechanisms.

The concept and origin of nanotechnology was in 1959 by Richard Feynman who is an the American physicist and Nobel Laureate.

CLASSIFICATION OF NANOMATERIALS

Siegel has classified nanomaterials as

- zero dimensional,
- one dimensional,
- two dimensional and
- three dimensional nanostructures.

Nanostructures can be described as: Nanoparticles, Nanopores, Nanotubes, Nanorods, Nanospheres, Nanofibres, Nanoshells, Dendrimers & dendritic copolymers.

NANOPARTICLES

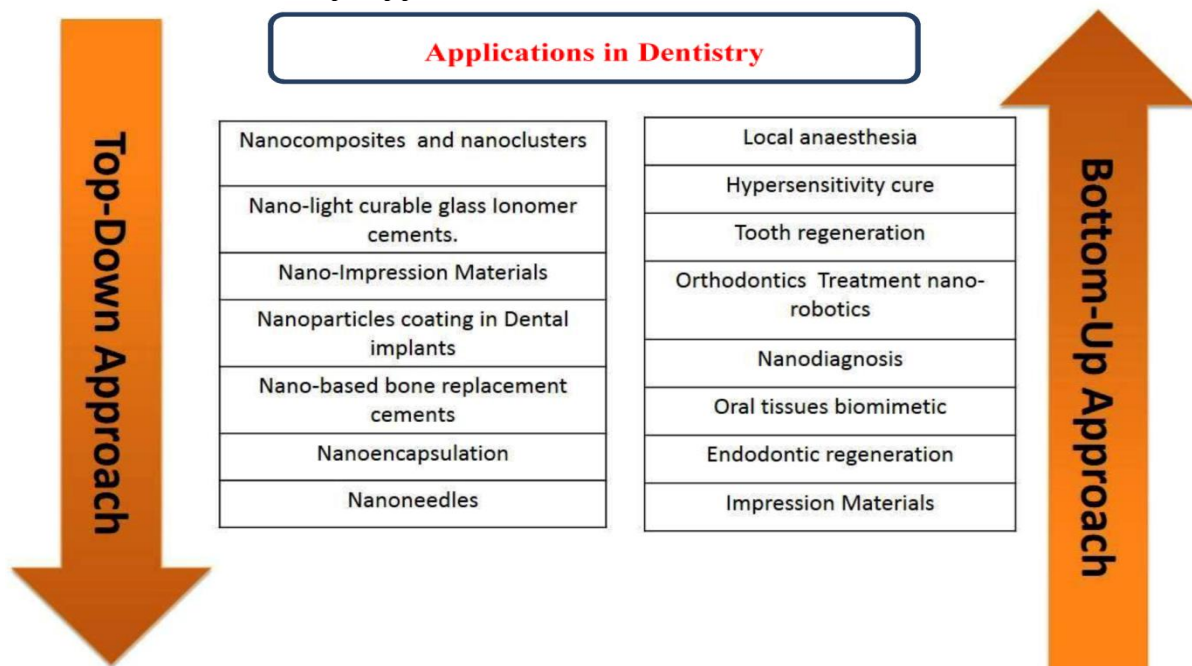
British Standards Institution defines Nanoparticles as those particles in which all the fields or diameters are in the nanoscale range. Nanoparticles are generally classified based on their dimensions, morphology, composition, uniformity, and agglomeration. Nanoparticles can be described as Nano pores, Nanotubes, Quantum dots, Nano shells, Dendrimers, Liposomes, Nano rods, Fullerenes, Nano spheres, Nanowires, Nano belts, Nano rings and Nano capsules.

Nanoparticles application as antimicrobial agent

Nitrogen doped Titanium dioxide (TiO₂), Silver (Ag), Gold (Au) , Silica (SiO₂) Copper (Cu/CuO) and ZnO nanoparticles have been coated on either brackets or added to cements and bonding agents to reduce the demineralization produced as a result of orthodontic treatment.

TECHNIQUES IN NANOTECHNOLOGY:

Nanotechnology has been approached in two ways: from the “top-down” or the “bottom-up” approach.



NANO-INDENTATION AND ATOMIC FORCE MICROSCOPY

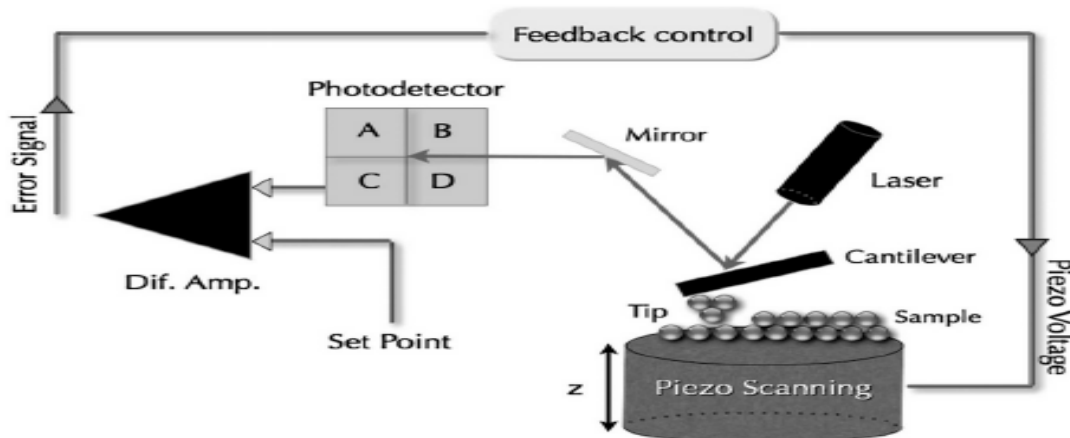
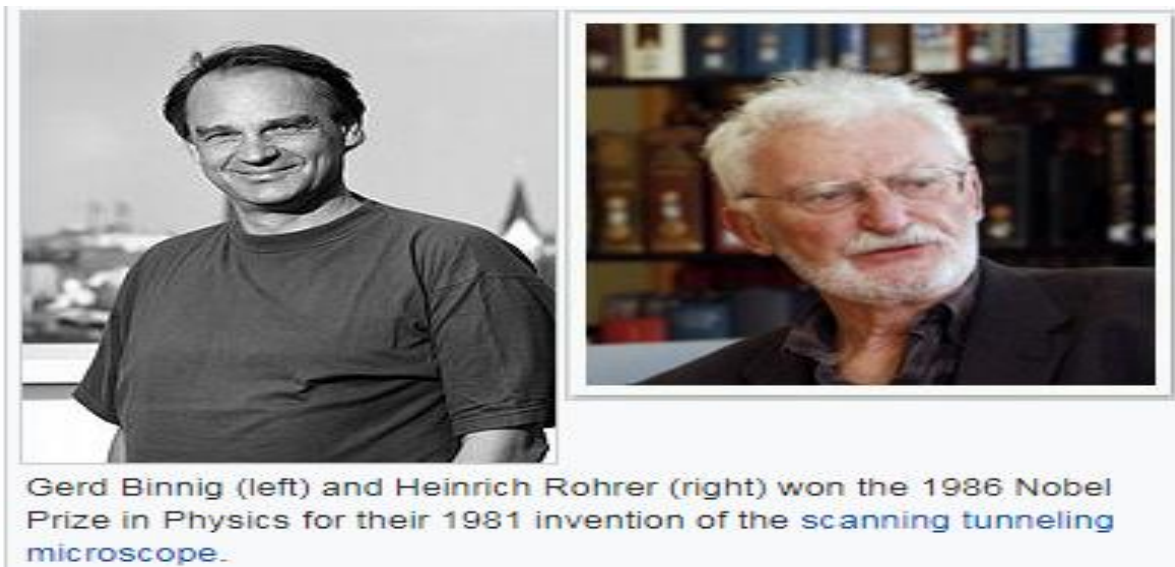


Figure 1. Atomic force microscope (AFM) diagram of operation: The AFM consists of a cantilever, the end of which is fitted with a tip, typically composed of silicon or silicon nitride, which has a radius of curvature on the order of nanometers. Attraction and repulsion forces between the tip and the sample depend on Van der Waals forces, which cause a deflection of the cantilever (the elastic constant of which is known), in accordance with Hooke's Law. The deflection is measured using a laser light reflected from the top of the micro-lever, which will be detected by a four-quadrant photodiode. A feedback loop adjusts the distance between the tip and the sample in order to keep the force acting between them constant, which in turn allows for perfect scanning of all the surface asperities. The sample is placed on a piezo-electric tube that can move it perpendicularly (z direction) to maintain a constant force in the plane (x and y directions) to analyze the surface. The resulting map (x, y) represents the topography of the surface sample.

The invention of scanning tunneling microscope (STM) by **Binnig and Rohrer**³ in 1981, is by which the individual atoms were easily identified for the first time.



The surface characteristics which includes the roughness and surface free energy (SFE), of the brackets play a significant role in reducing friction and plaque formation. Nanoscale surface characteristics of bio-materials were evaluated using an nano-

indenter coupled with atomic force microscope. Mechanical properties such as hardness, elastic modulus, yield strength, fracture toughness, were also evaluated by nano indentation studies.

Atomic force microscopy (AFM) or scanning force microscopy (SFM) which was developed subsequent to the invention of the scanning tunneling microscope (STM), is a very high resolution type of scanning probe microscopy, with demonstrated resolution more than 1000 times better than the optical diffraction limit.

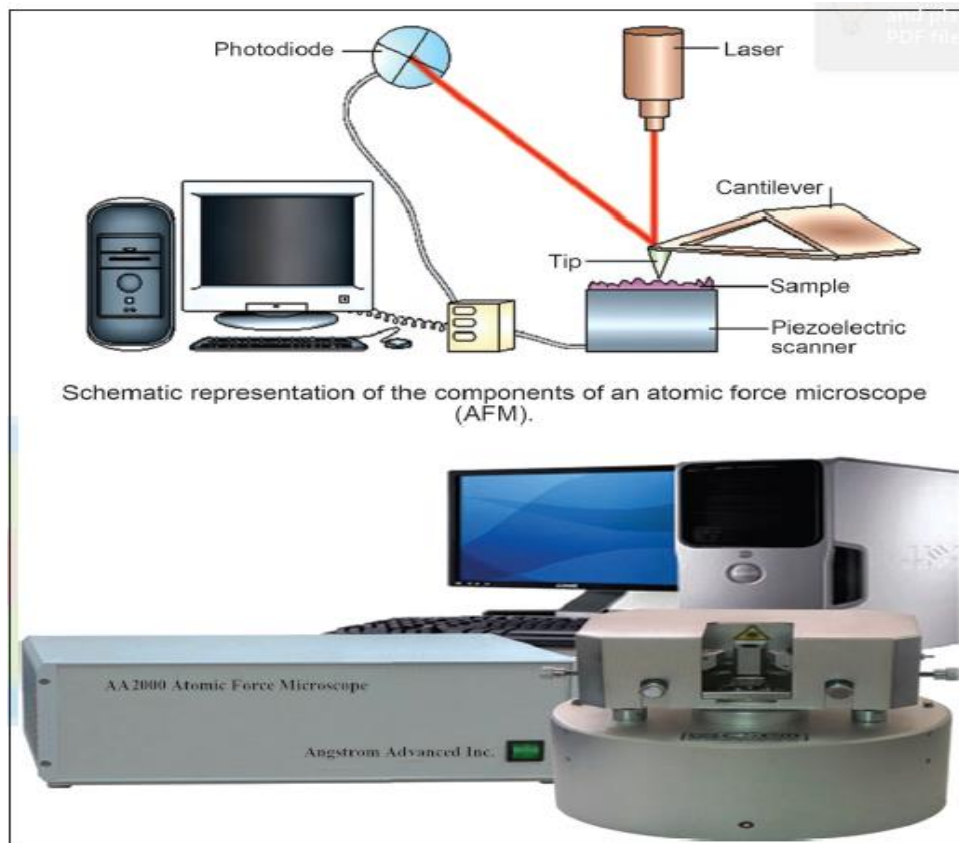


Figure 2: Atomic force microscope

NANO-COATED ARCHWIRES AND FRICTION:

Nanoparticles have been used as a component of dry lubricants for minimizing frictional forces between the orthodontic wire and brackets, thus enhancing tooth movement. Inorganic fullerene-like nanoparticles of tungsten sulfide (IF-WS₂) are examples of dry lubricants which have been used as selflubricating coatings for orthodontic stainless steel wires. The other alternatives are to vary the wire size and shape, altering the bracket design or coating the wire surfaces with different materials which may aid in conquering sliding resistance. These coatings have been applied either on bracket surface, or S.S. or NiTi wires.

HOLLOW WIRES

Hollow wires are wires coated with NiTi/Ni-TiO₂ composite nanoparticles via the synthesis method called ultrasonic spray pyrolysis (USP). This wire could potentially have the shape-memory and superelasticity properties, while possibly reducing the material needed for the wire production.

SHAPE MEMORY POLYMERS

Shape memory polymers (SMPs) are materials that have the ability to memorize a macroscopic or equilibrium shape and then be manipulated and fixed to a temporary or dormant shape under specific conditions of temperature and stress. They relax to their original, stress-free condition and equilibrium shape under thermal, electrical, or environmental conditions. This relaxation is associated with elastic deformation stored during prior manipulation. The relaxation of SMP can be accompanied by an adequate force, useful for an orthodontic tooth movement, or macroscopic shape change, which is useful in ligation. As SMP's can have two shapes, these devices meet needs unattainable with current orthodontic materials allowing for easier and more comfortable procedure for the orthodontist to insert into the mouth of the patient. Once placed in the mouth, these polymers are activated by the body temperature or photoactive nanoparticles which brings about tooth movement. The SMP orthodontic wires provide lighter, more constant forces reducing pain for the patients.

BIO MEMS/NEMS FOR ORTHODONTIC TOOTH MOVEMENT AND MAXILLARY EXPANSION

Microelectromechanical systems (MEMS) devices are manufactured using microfabrication techniques. They often have moving components that allow a physical or analytical function to be performed by the device in addition to their electrical functions. The biological MEMS (bioMEMS) are made up of micromachined elements for applications to biological systems. Implantable bioMEMS have been used as biosensors for in vivo diagnostics of diseases and as drug delivery microchips.

Orthodontic tooth movement can be enhanced by means of electricity. Animal experiments indicated that when 15-20 microamperes of low direct current (dc) was applied to the alveolar bone, osteoblasts and periodontal ligament cells demonstrated increased concentrations of the second messengers cAMP (adenosine-3',5'-cyclic monophosphate) and cGMP (cyclic guanosine monophosphate). These findings suggest that electric stimulation enhanced cellular enzymatic phosphorylation activities, leading to synthetic and secretory processes associated with accelerated bone remodeling.

NANO LIPUS DEVICES

Ultrasound (US) is a form of mechanical energy that is transmitted as an acoustic pressure wave at frequencies above the limit of human hearing through and into biological tissues as a diagnostic tool. Low-intensity pulsed US (LIPUS) is effective in liberating preformed fibroblast growth factors from a macrophage-like cell line (U937), and it enhances angiogenesis during wound healing. Also, LIPUS enhances bone growth into titanium porous-coated implants and bone healing after fracture and mandibular distraction osteogenesis.

ORTHODONTIC NANOROBOTS

The orthodontic nanorobots can be used in future to alter the periodontal tissues, including gums, periodontal ligament, cementum and alveolar bone, allowing a rapid and painless straightening, rotating or vertical positioning.

NANOMECHANICAL SENSORS FOR ORTHODONTIC FORCES AND MOMENTS MEASUREMENT

Both modulus of elasticity and geometry are important in determining wire stiffness according to the following equation:

K (stiffness) = $E * I$ (E is the modulus of elasticity and I is the area moment of inertia).

For round wire, d is the diameter of the round wire,

$$I = \pi d^4 / 64$$

For rectangular wire (Figure 12.5). Dimensions of the rectangular wire where (b) is the wire base in the in-out direction; and (h) is the wire height in the up-down direction

$$I = b(h^3) / 12$$

NANO-ORTHODONTIC BRACKETS

The nanosilver-coated orthodontic bracket is a new type of bracket for use in human teeth to reduce the areas of tooth decay and demineralization during orthodontic treatment with the advantages of the antibacterial properties of nanosilver.

INTEGRATED SIX-DEGREE-OF-FREEDOM SENSING FOR ORTHODONTIC SMART BRACKETS

J. Bartholomeyczik et al¹⁴ (2006), reported for the first time, an orthodontic smart bracket capable of detecting all six externally applied force and moment components. By measuring the stresses in the plane of a sensor chip inside the bracket, it is possible to extract the forces and moments externally applied to the bracket. The stress sensing device consists of an integrated CMOS circuit packaged within a bracket demonstrator for application in orthodontics. By measuring 64 stress signals within the chip plane the sensor is capable of extracting all six components of the force and moment at the interface between the orthodontic bracket and the base onto which it is mounted.

The combination of an orthodontic bracket with an integrated CMOS-based stress sensor system is the principle of the smart bracket concept. The integrated stress sensor system comprises diffused silicon resistors capable of measuring mechanical stress in the surface of the sensor die exploiting the piezoresistive effect in silicon. Such devices are capable of simultaneously measuring the in plane stress components. By applying external forces and moments to the arch wire, a characteristic stress distribution will appear in the surface of the sensor die caused by the mechanical deformation of the bracket body.

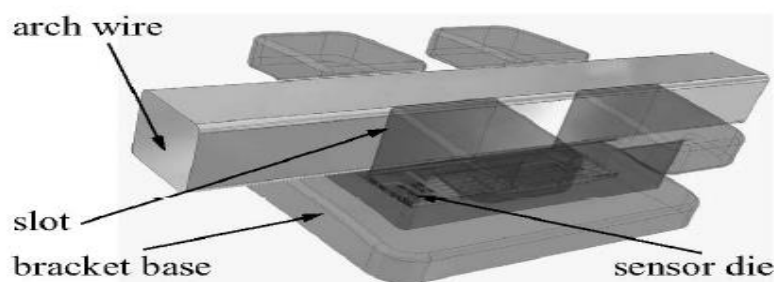


Figure 1: Illustration of the smart bracket concept with an integrated stress sensor system embedded in an orthodontic bracket.

Lapatki et al⁵⁸, (2007) demonstrated the feasibility of this approach using finite-element (FE) simulations and a 2.5 times enlarged real smart bracket model. A true-scale smart bracket was built using a stress-sensor chip (having a surface area of $2 \times 2.5 \text{ mm}^2$) and a conventional bracket slot. This bracket was calibrated on a biomechanical system for 3D

application and measurement of forces and moments, then its measurement accuracy was evaluated.

ADVANTAGES OF SMART BRACKETS

All six components of the force-moment system can be quantitatively determined, albeit with limited success in terms of bucco-lingual forces.

- 1) Measurements can be taken on each tooth simultaneously and on all teeth included in the appliance.
- 2) The forces and moments can be measured without manipulation, that is deactivation, of the fixed appliance.
- 3) Measurements are taken at the specific location where the load is transmitted to the tooth, thus accounting for the friction between the bracket and wire. The negative effect on the highly-variable measurement accuracy caused by friction between the bracket and wire is thus eliminated.

CONCLUSION

The future in orthodontic treatment will rely primarily on the application of nanotechnology should all aforementioned technologies are proven to reproduce similar results under different conditions. Also, the application of nanotechnology in orthodontics should not lead to un-affordable cost to the orthodontist as well as the patient. To achieve quality patient care, reproducibility of results as well as cost effectiveness, research on the use of nanotechnology in orthodontics needs to be channelized in the direction of, processes for the creation of the materials, fabrication of the devices and / appliances, clinical implementation and analysis of these materials, devices and appliances.

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